



For further information on Mountain Biking and the other activities we offer, visit our website, or

email cycle4adventure@gmail.com

Telephone **0776 776 0992**

Walking, Navigation and Expeditions

We are based in the North East of England, on the edge of the North Pennines with hundreds of miles of perfect paths, bridleways and byways right on our doorstep. We lead guided walks throughout Northumberland, County Durham, Yorkshire, Cumbria, Scotland and Wales.

Whether you are visiting the North East of England and looking to be led on a walk in the fantastic paths and tracks Northumberland and County Durham have to offer; or you or your group would like to be led on a national trail, we can guide you on a walk in any part of the UK. We can offer a wide range of Walking activities:-

- Are you looking at a gentle Low level walk, we can lead you on walks such as Northumberland costal walk or a gentle old railway walk
- If you are looking for an energetic high level Mountain walk; such as Ben Nevis, Snowdon or any of the Lake District peaks, we can lead you throughout the UK
- You may be after a long distance National trail; such as Sea to Sea, Yorkshire or National three peaks.
- Is it some Navigation training you are looking for? From the basics of understanding a map and compass, to everything you need to lead your own multi-day expedition; we can deliver your training.
- Orienteering training; we can run sessions on school grounds, to full woodland courses. From a single half day session, to a term long programme.
- Expedition training, leading and supervision. So whether you or your group want to be trained to lead your own expedition (navigation, campcraft, cooking, tents, equipment etc.), or whether you would like us to run a guided expedition, or supervise your own expedition; we can help your expedition, low or high level.

Cycle4adventure is a [AALA Licensed Adventurous Activities Provider number R1662](#).

We also specialise in Expedition training, leading and supervision in both [Mountain Biking](#) and Hill & Mountain Walking.

Please [contact us](#) to discuss your Walking and Navigation requirements.

